

**2024 Capitol Jamboree: Recovering Together Under One Big Tent**  
**Day One Agenda – June 14, 2024**

<b>Time</b>	<b>Room Schedule</b>		
4:00pm	Doors Open		
	Room 1 <i>Zoom ID TBD</i>	Room 2 <i>Zoom ID TBD</i>	Al-Anon Room <i>Zoom ID TBD</i>
4:30pm – 5:15pm	Fellowship	AA Newcomers Workshop	Open Al-Anon Meeting
5:15pm – 5:30pm	Break		
5:30pm – 6:15pm	Fellowship	AA History Workshop	How Al-Anon Works Workshop
6:15pm – 6:45pm	Break		
	Main Room <i>Zoom ID TBD</i>		
6:45pm – 7:00pm	Opening Ceremony		
7:00pm – 8:00pm	AA Speaker Meeting Jeffrey – Vancouver BC		
8:00pm – 9:15pm	Entertainment – Ice Cream Social		

**2024 Capitol Jamboree: Recovering Together Under One Big Tent**  
**Day Two Agenda – June 15, 2024**

Time	Room Schedule		
6:30am	Doors Open		
	Room 1 <i>Zoom ID TBD</i>	Room 2 <i>Zoom ID TBD</i>	Al-Anon Room <i>Zoom ID TBD</i>
7:00am – 7:45am	Meditation Meeting		
	Break		
8:00am – 8:45am	Step 1 Workshop	Double Digit Sobriety Workshop	How Al-Anon Works
	Break		
9:00am – 9:45am	Steps 2/3 Workshop	General Service Workshop	Can I Join Al-Anon?
	Break		
10:00am – 10:45am	Steps 4/5 Workshop	Tradition 2 Workshop: Group Conscience	Al-Anon Literature that Changed My Life
	Break		
11:00am – 11:45am	Steps 6/7 Workshop	Tradition 5 Workshop: Primary Purpose	Al-Anon Slogans that Changed My Life
	Lunch Break		
11:45am – 12:45pm	Tech Tips for Hybrid Meetings	Fellowship	Tips for Better Business Meetings
	Break		
1:00pm – 1:45pm	Steps 8/9 Workshop	Sober Dating Workshop	Al-Anon Newcomer Workshop
	Break		
2:00pm – 2:45pm	Steps 10/11 Workshop	Young People in AA Workshop	Al-Anon Service
	Main Room <i>Zoom ID TBD</i>		
3:00pm – 3:45pm	Al-Anon Speaker Meeting Bonnie – Vancouver BC		
	Room 1 <i>Zoom ID TBD</i>	Room 2 <i>Zoom ID TBD</i>	Al-Anon Room <i>Zoom ID TBD</i>
4:00pm – 4:45pm	Step 12 Workshop	Tradition 12 Workshop: Anonymity	Benefits of Sponsorship
5:00pm – 6:00pm	Dinner		
	Main Room <i>Zoom ID TBD</i>		
6:00pm – 7:15pm	AA Speaker Meeting Debbie – Concord CA		
7:30pm – 8:45pm	Entertainment		